



RETREAT

“ATMA VICHARA”

SELF-ENQUIRY IN AN ENVIRONMENT OF
PEACE AND GREAT BEAUTY

LA CORUÑA

MONASTERIO SOBRADO
DOS MONXES

September, 17th to 20th
2026

Contribution €600 per person, which includes:

- Full tuition from Thursday 17th, until Sunday 20th.
- Three nights single room accommodation with private bathroom.
- Full-board (breakfast, lunch and dinner).

LIMITED PLACES.

ONLY FOR THOSE WHO HAVE PREVIOUSLY
ATTENDED AN ATMA VICHARA INTENSIVE.

REGISTRATION CLOSES ON SEPT. 11TH

