



RETREAT

“ATMA VICHARA”

SELF-ENQUIRY IN AN ENVIRONMENT OF
PEACE AND GREAT BEAUTY

LA CORUÑA

MONASTERIO SOBRADO
DOS MONXES

February, 12th to 15th 2026

Contribution €530 per person, which includes:

- Full tuition from Thursday 12th, until Sunday 15th.
- Three nights single room accommodation with private bathroom.
- Full-board (breakfast, lunch and dinner).

LIMITED PLACES.

ONLY FOR THOSE WHO HAVE PREVIOUSLY
ATTENDED AN ATMA VICHARA INTENSIVE.

REGISTRATION CLOSES ON FEBRUARY 6TH

